



OCEAN FRIENDLY RESTAURANTS

Plastic pollution is suffocating our ocean and the many animals that call it home. Researchers estimate there are now over 5.25 trillion pieces of plastic in the ocean with the number continuing to grow every day. This pollution is impacting our marine ecosystems, wildlife such as seabirds, seals and fish. Plastic fragments are even displacing plankton at the base of the food chain. So, what's the best way to combat this global epidemic facing our ocean? It's simple: we need to stop the problem at its source! The Surfrider Foundation's Ocean Friendly Restaurants program does just that. One restaurant, one customer at a time, increases awareness, drives change in behaviour and ultimately creates scalable impact to reduce our plastic (and water!) footprint.

Restaurants participating must follow the first six criteria:

- No expanded polystyrene use (aka Styrofoam).
- Proper recycling practices are followed.
- Water fountain for customer reusable bottle refill.
- No single use plastics usage inside the restaurant or for takeout or to-go orders. (plastic bags, straws, bottles, cups, cutlery, plates etc.)
- Sustainable fish and seafood only.
- Use chemical free cleaning products only.

And a minimum of two of these criteria:

- No beverages sold in plastic bottles.
- Use as much local grown and/or biological food (check your suppliers).
- Minimize food waste as much as possible.
- Discount is offered for customers with reusable cup, mug, bag, container (take away), etc.
- Vegetarian/vegan food options are offered on a regular basis.
- Water conservation efforts, such as low-flow faucets and toilets, are implemented.
- Energy efficiency efforts such as LED lighting, good insulation is in place.
- Provide smokers with an easily accessible, reusable means to dispose of their cigarette butts responsibly and safely. Educate community members to be responsible with their cigarette litter.

What else can you do?

- Organize clean-up(s).
- Free coffee/ice-cream for 1 bag of beach trash.
- Informative signs for customers.
- No balloons during events/weddings.

- Place a Take 3 for the Sea designed storm-proof beach sign by Surfrider Foundation Holland Coast.
- Support Surfrider Foundation Holland Coast as a member, this membership makes you part of the local Dutch and European Surfrider family.
- Spread the message, inspire others!

As a member of the Surfrider Foundation, your Ocean Friendly Restaurant demonstrates to your customers and community your commitment to our environment and ocean.

The Surfrider Foundation acknowledges that we cannot claim that all listed Ocean Friendly Restaurants are 100% in compliance with our standards at all times, but that the Surfrider Foundation strives to diligently review compliance on a regular basis. If an Ocean Friendly Restaurant is found to be out of compliance, they are removed from the website as quickly as possible. Such a restaurant will not be reinstated on the list of Ocean Friendly Restaurants, until the compliance issue is remedied.